

**Better
Health**

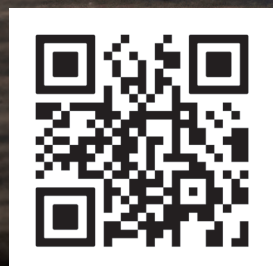
**Smoke
free**

NHS

Up to 2 in 3 long-term smokers die from smoking

For help to quit, download the free **NHS Quit Smoking app** today.

Scan here:



Or search 'Better Health quit smoking'